

COMPLEX MEDICAL HELP (CMH)

TRANSITION TO ADULTHOOD

Your Clermont County CMH Nurses are here to help!

Preparing for adulthood is an important journey. Your CMH program helps to connect young adults with the resources, opportunities, support, and accommodations they need to build independence, make informed choices, explore their goals, and plan for the future.

Resources

- **Ohio Transition to Adulthood Resources**
(614) 466-1700, [Bit.ly/odhcmh](https://bit.ly/odhcmh)
- **Job Assistance: Opportunities for Ohioans with Disabilities**
[Ood.ohio.gov/information-for-individuals/oodworks](https://ood.ohio.gov/information-for-individuals/oodworks)
- **UC Center for Excellence in Developmental Disabilities**
(513) 803-0653, [Ucucedd.org](https://ucucedd.org)
- **Clermont County Board of Developmental Disabilities**
(513) 732-7000, [Clermontdd.org](https://clermontdd.org)



The transition into adulthood can be stressful, especially for families with children who have special healthcare needs. Early planning is key. By the time a child is 14 years old, families should begin to plan for them to no longer be eligible for CMH services as adults.

Currently, the CMH Service Coordination Program and the Diagnostic Program expire the day before the patient's 21st birthday. The CMH Treatment Program expires the day before their 26th birthday.

Contact your Clermont County CMH Nurses

2400 Clermont Center Drive, Suite 200, Batavia, OH 45103
(513) 735-8400, [ClermontHealthOhio.gov](https://clermonthealthohio.gov)



**Clermont County
Public Health**
Prevent. Promote. Protect.